

SPIN

for Single
Moms &
their Kids!

Single Parent Information Network

Prepare Yourself to Be Empowered: Physically, Mentally and Spiritually!

- Get to know other moms!
- Talk about issues facing families like yours!
- Grow as we support and encourage one another in a warm, small group atmosphere!

For less than 2 hours of your time, you'll be treated to a free meal, great conversation, and homework help or games for your kids!

No need to cook on SPIN nights. Families are welcome to eat a delicious meal prepared by local restaurants and churches. Afterwards, while moms attend the SPIN meeting, we will provide a supervised study area for children K-12th grade to do homework or play games.

Two Wednesdays a month October 5 to May 31:

1st & 3rd Wednesday at Anchorpoint's Offices or
2nd & 4th Wednesday at Heritage Church

6:30 - 7:00 pm: Dinner

7:00 - 8:00 pm: Mom's Group Meeting

Children's Homework/Game Time



"There are so many reasons why I appreciate the single moms group, it's very difficult to choose. I think that the support of all individuals involved is uplifting, mainly because it allows you to support others and help them through a difficult period in their life as well as your own. Thank you for allowing this to happen."

- SPIN Mom

"This SPIN Group is really fun and cool. It also helps my mom to calm down. The group gives me the ability to meet kids with single parents."

- SPIN Child

There is no cost for attending this group but pre-registration is required. To reserve your spot or to donate a meal for our SPIN families, contact Cassy at cwimmer@anchorpointcounselingministry.org or 412-366-1300 ex. 105. *Tutoring families may be able to coordinate tutoring with this program during the SPIN Group that meets at the Anchorpoint location. Ask for details.*



Anchorpoint
Counseling Ministry

800 McKnight Park Drive, Suite 802
Pittsburgh, PA 15237 • 412-366-1300
www.anchorpointcounselingministry.org